

# HOW WE DO IT

## OM Community

Our community is available for anyone that shares our passion for the outdoors and has been affected by a neurological challenge (including diagnosed individuals and their supporters). Common neurological challenges include: Epilepsy, Multiple Sclerosis, Brain Tumors, Parkinson's, ALS, Stroke, Traumatic Brain Injury, and more.

## OM Connect

Provides members an opportunity to connect one-on-one with another member who has experience with a similar diagnosis and a shared passion for the outdoors.

## OM Meetups

Strengthens connections and empowers our members to get outside with others in their local area.

If you live in the Findlay area, we are looking forward to having you join our group. Please keep in mind there is no professional guide leading the Outdoor Mindset Meetups. Our Meetups are created by members - we make the connections so that members can get out and enjoy the outdoors together!

Questions?

Email [maggiemorehart@outdoormindset.org](mailto:maggiemorehart@outdoormindset.org)

“Outdoor Mindset is a great example of living life to its fullest despite having a neurological disorder. Still using a safe environment, this organization is just one of many that shows you can still lead an active lifestyle, pursue your dreams, and be an everyday person, while living with epilepsy or another neurological disorder. It gives those who are isolated a chance to be “normal”, whatever “normal” means... Don't waste talent or any goal for that matter, because I guarantee there is a solution that allows you to keep your hopes up.”

*Channing – OM Member  
Cincinnati, OH*



**Findlay, Ohio**

We enhance quality of life for people affected by neurological challenges by uniting and empowering our members through a common passion for the outdoors.

**[outdoormindset.org](http://outdoormindset.org)**

Outdoor Mindset is recognized as a 501(c)(3) organization.

## OUR MISSION

We enhance quality of life for people affected by neurological challenges by uniting and empowering our members through a common passion for the outdoors.

### Join OM's Community, it's free!

Affected by a neurological challenge (including diagnosed individuals and supporters) & have a passion for the outdoors? Join today to start connecting with others, attend local outdoor meetups, and take advantage of awesome member discounts & perks.

We all know someone who has faced a neurological challenge. Over 600 neurological disorders exist! Each year in the United States:

- Over 100,000 people are diagnosed with a primary or metastatic brain tumor
- 181,000 people are diagnosed with epilepsy
- 10,400 people are diagnosed with multiple sclerosis (MS)
- 50,000 people are diagnosed with Parkinson's disease
- 1.7 million people sustain a traumatic brain injury



## MEMBER PERKS

Outdoor Mindset has compiled exclusive member perks to help motivate and empower you to live big! Enjoy being a member and all the perks that come with it! Members receive 10% off online orders from these retailers:



Custom-made "Make a Statement" gemstone jewelry, with one purpose: to bring the pretty out in us all! **Check out [loveofpretty.com](http://loveofpretty.com).**



"The most fun a helmet ever had..." Nutcase Helmets, of Portland, Oregon, are multi-purpose cycle, skateboard, inline and scooter

helmets aimed at providing unique designs and creative alternatives in the cycle and skate helmet market. **Check out [nutcasehelmets.com](http://nutcasehelmets.com).**



## ADVENTURE SCHOLARSHIP

Paddleboarding on Lake Tahoe?  
Surfing in the Pacific?  
Hiking among the Saguaro Cacti?  
We want to pay for it! Tell us what your dream adventure is, apply for the OM Adventure Scholarship, and LIVE BIG!

Scholarships are awarded quarterly in various amounts of at least \$500 and must be used for an outdoor activity with at least one other Outdoor Mindset member. To learn about previous scholarship recipients and their adventures, visit our blog at [blog.outdoormindset.org](http://blog.outdoormindset.org).

## GET INVOLVED

There are many ways to get involved with Outdoor Mindset. You can become a member and join the OM community. You can volunteer at one of our events or meetups. You can become a corporate community sponsor by donating or providing our members with discounts. You can become a resource partner and help us grow our professional network. And of course you can simply help sustain our commitment to our mission by donating or starting a campaign. We truly believe in the power of the community, and we couldn't do without everyone's help!